

Travel Safe, Prepare & Vaccinate

If you are traveling internationally for work, to visit friends or family, or for vacation, traveling abroad can put you at risk for diseases that are common in other regions of the world. To improve your chances of staying healthy the International Travel Clinic at Rio Grande County Public Health provides individual consultation and immunizations before traveling to that long awaited destination. Our services can help protect you from diseases such as Hepatitis A or B, Yellow Fever, Typhoid Fever, Malaria, and more.

**International Travel
Immunization Clinic
Rio Grande County Public Health**

Please Contact:

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INTERNATIONAL TRAVEL IMMUNIZATION CLINIC

*Rio Grande County Public Health
(719)657-3352*

TRAVEL SAFE PREPARE AND VACCINATE!

- **MISSION WORK**
- **ADVENTURE**
- **VISITING FRIENDS & FAMILY**
- **AND MORE!**



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Why Is Screening for Travel Important?

Many travelers are unaware of the need for pre-travel preventive care. Travelers find themselves in situations that have the potential not only to increase their own risk for travel-related illnesses but also increase the risk of the communities they live in upon their return to the United States. International travelers may import diseases that have been eradicated in the United States. Travelers need to be proactive in seeking pre-travel health services to keep themselves healthy and the members of their community healthy also.

What to Expect

The pre-travel consultation is centered on an individual traveler's risk assessment. In order to give the client an accurate risk assessment the client is asked to bring or talk about the following:

- Itinerary, including countries and types of settings being visited as well as any stops along the way, including airport layovers.
- Dates of travel, duration, and purpose of trip
- Immunization Records
- Passport and ID

The Pre-Travel consultation will include the following:

- Risk-Hazard Assessment
- Educate on safety & preventive measures
- Discuss immunization prioritizations
- Provide Malaria and Typhoid prevention options
- Provide Yellow Fever vaccine
- Provide Education & reinforce other health concerns

Consultations that are Individualized

Each traveler is different and we want to make sure that we address your specific needs. Specific health care needs include but are not limited to the following:

- ✓ Pregnancy
- ✓ Traveling with small children
- ✓ Cardiovascular disease
- ✓ Diabetes
- ✓ Disabilities

We look forward to meeting you and helping with your immunization needs.

