

RIO GRANDE COUNTY COVID-19

Frequently Asked Questions

For up to date answers for Colorado, please visit the Colorado Department of Public Health and Environment. <https://covid19.colorado.gov/frequently-asked-questions-faq>

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. There are many types of human coronaviruses, including some that commonly cause mild upper-respiratory tract illnesses. COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans. Current symptoms reported for patients with COVID-19 have included mild to severe respiratory illness with fever, cough, and difficulty breathing.

What are the symptoms?

Fever

Cough

Shortness of breath

Symptoms range from mild to severe.

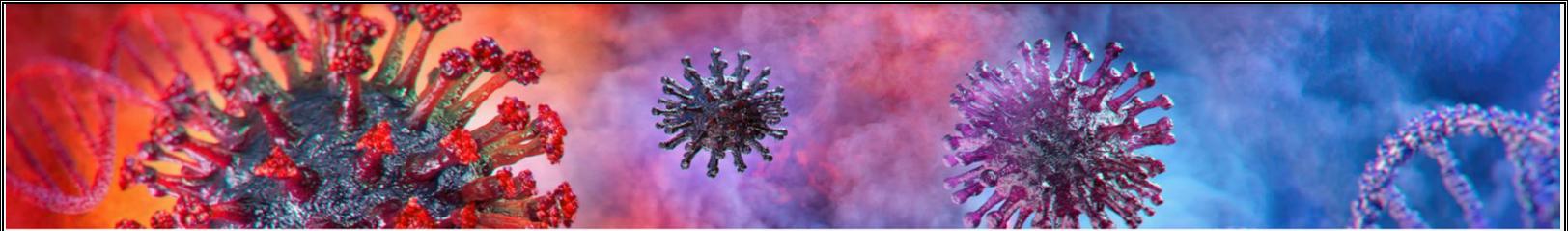
How can I prevent COVID-19?

The best way to prevent illness is to avoid being exposed to the virus. CDC recommends everyday preventive actions to help prevent the spread of respiratory diseases.

Stay at home

Wash your hands

Use Sanitizer safely



How do I know if I'm an essential worker?

Critical infrastructure industries, including many FDA-regulated industries such as food, drugs, and medical equipment, have a special responsibility in these times to continue operations. On March 19, 2020, the Department of Homeland Security (DHS) Cybersecurity & Infrastructure Agency (CISA) issued [guidance on defining essential workers](#). This guidance offers an initial baseline for governments and industry to use when identifying key groups of employees during COVID-19 response. This guidance is not binding and serves as a starting point for local and state governments. View more [frequently asked questions](#) from CISA.

Where is up to date information posted for Rio Grande County and the San Luis Valley?

These are some trusted sources of information if you want to know more:

Local messaging - SLV Emergency

at www.slvemergency.org and www.facebook.com/slvemergency/

SLV Health Nurse Line – 719-589-2511 ext 9

Questions hotline - CO-HELP (1-877-462-2911)

Colorado info - [https://www.colorado.gov/pacif.../cdphe/2019-novel-coronavirus](https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus)

CDC - www.cdc.gov/coronavirus